

Women's Discussion Groups



When: Every Thu From Feb 26- Mar 26, 2026 **1:30 pm to 2:30 pm**

Understanding Mental health for newcomers: Part 1

Thu Feb 26, 2026
1:30 pm to 2:30 pm

Experiencing Wellbeing for newcomers: Part 2

Thu Mar 5, 2026
1:30 pm to 2:30 pm

Understanding children and youth mental health: Part 1

Thu Mar 12, 2026
1:30 pm to 2:30 pm

Supporting children and youth well-being: Part 2

Thu Mar 19, 2026
1:30 pm to 2:30 pm

Clients' choice health related issues

Thu Mar 26, 2026
1:30 pm to 2:30 pm

Registration Link: [Click here to register](#)

Where: ONLINE
[Click here to join teams meeting](#)

Host contact:
Makda O
778 372 6580
Makda.Ogbandrias@issbc.org

