



Supporting Child & Youth Mental Health and Well-Being



Join us to learn how we can promote positive mental health for children and young people.

We'll discuss on understanding Child & Youth Mental Health, supporting Children's Emotional Well-Being, accessing Mental Health Services, parent & Caregiver Support Strategies

When:

Thu- Feb. 12, 2026

1:30 pm to 2:30 pm

Where:

Online

Registration:

<https://forms.office.com/r/XsP3eiWVEC>

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