

Health and Wellness series for Newcomers in Canada



We welcome you to join us for a short series of health information sessions at ISSofBC.

This will help you know more about healthy living and how to connect with health services in Canada.

Topics like introduction to health, accessing health services, health coverage, immunization, chronic diseases, and stress management will be included.

Attendees will be able to better understand their rights as patients in Canada.

For registration contact

Mazhar Iqbal

Email Mazhar.iqbal@issbc.org

Or call Ph: 778-372 6580

Or click on the link below to register

<https://events.teams.microsoft.com/event/59d7717a-45d4-49c2-8707-f5c0324e2d33@b108f03e-784d-4f2a-b562-652ea14c08d9>

When:

Every Thu - Aug 21 to Sep 25, 2025
2 PM to 3:30 PM

Where: In-person and online

2610 Victoria Dr.
Vancouver, BC V5N 4L2

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