

Trauma Informed Care for Newcomers



When:

TUE - Aug 26, 2025

2 pm to 4 pm

Where: In-person and online

**258-3020, Lincoln Ave
Coquitlam BC V3B 6B4**

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Did you know that trauma is a well-known cause of stress and mental health challenges?

Do you need to learn more about stress caused by trauma and its effects on health?

Do you know that there are many resources available to support people with mental health issues?

[Join us in-person or online to learn more.](#)

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