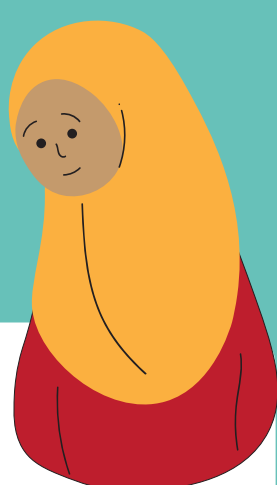


WHAT TO DO IF YOU'RE SEXUALLY HARASSED AT WORK



REACT IF IT'S SAFE

Tell the harasser to stop. Don't feel you have to be "nice." Use I-Statements like this: "I'm not comfortable with your jokes." or "I think it's not appropriate for us to work so closely."

IF IT'S NOT SAFE

Ask for help from a coworker you trust, report to HR, or contact Respect at Work.

IT STOPS

Great! Carry on with your life and be proud of your courage.

IT CONTINUES

Ask a coworker you trust for help, report to HR, or contact Respect at Work.

WHAT TO SAY?

Write notes of what happened: dates, times and locations. Use the notes to explain.

REPORT TO A MANAGER

If you feel safe, report the harassment to a supervisor or manager or Human Resources.



IT STOPS

Great! You have likely helped others. Be proud of your courage.

IT DOESN'T STOP OR WORSENS

Contact Respect at Work. Our specialized staff will help you to connect with free legal advice and low-cost counselling to help you decide next steps.

SEXUAL HARASSMENT AT WORK

- Touching someone without their consent (hugging)
- Staring at someone's body or making unwelcome comments
- Showing sexually explicit pictures or materials
- Making rude or insulting comments about a person's sexual orientation
- Jokes of a sexual nature

SEXUAL ASSAULT IS...

Unwanted sexual activity, included touching and attacks. Contact the police if you are sexually assaulted.

FOR NO-COST APPOINTMENT*:

RESPECT AT WORK LEGAL CLINIC: **778-372-6516**

RESPECT.WORK@ISSBC.ORG

*DURING COVID, WE OFFER REMOTE SERVICES.