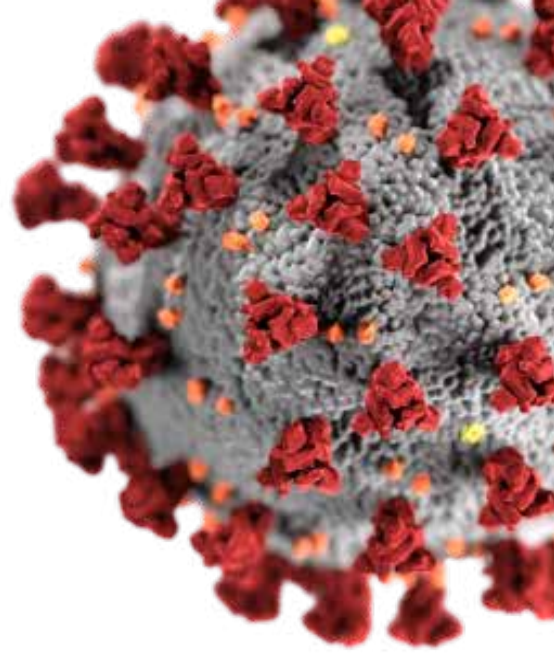


# Going Out? Do it Safely!

Your actions matter – make informed choices to keep yourself and others safe.



## Low Risk

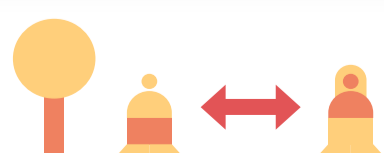
- Getting mail and packages
- Driving a car (solo/with household contacts)
- Camping
- Restaurant takeout
- Running/hiking/biking solo or at a distance
- Grocery and Retail Shopping
- Going for a walk
- "Distanced" sports outside (tennis/golf)
- Socially distanced picnic
- Community/Outdoor parks and beaches
- Backyard BBQ with your 'bubble' contacts

## Medium Risk

- Outdoor restaurant/patio
- Playing on play structures
- Hotel/BnB
- Medical/dental appointments
- Malls/museums/galleries
- Working in an office
- School/camp/daycare
- Taxi/ride shares
- Public pools
- Visiting elderly or at-risk family/friends in their homes
- Hair salon/barbers
- Weddings and funerals
- Movie theatre

## High Risk

- Crowded indoor restaurant
- Contact sports with shared equipment football/basketball
- Hugging or shaking hands
- Amusement parks
- Cruise ships and resorts
- Conferences
- Large gatherings
- Gyms and athletic studios
- Sporting events in arenas and stadiums
- Music concerts, or where people are singing or shouting
- Indoor party
- Bars and Nightclubs
- Casinos
- Crowded public transportation (bus, subway)
- Sexual activity with new people



Home alone or with household contacts

Outdoors with housemates or social bubble

Outdoors with physical distancing

Outdoor/Indoor Short time

Indoors Large groups Long time

Indoors/outdoors Crowded Longer time