



Friday Conversation Circle



Fridays from 11 am to 12:30 pm
January 4th – March 29th
Immigrant Services Society of BC
#320 – 22470 Dewdney Trunk Road,
Maple Ridge

You can join us if you are...

- Permanent residents
- Convention Refugees (Government Assisted & Privately Sponsored)
- Protected Person as defined in S. 95 of IRPA

- Make new friends
- Practice your English
- Learn about Canada
- Enjoy other cultures
- Have some fun!

2 Groups are available: Basic & General (See Snapshots from 2 groups)

Basic Group

(Learn new words!)



General Group

Today we covered diet and dieting. We talked about different dieting words and phrases such as "burning fat" and "moderation," the difference between the words we use for animals and the words we use for their meat (eg. cow -> beef, pig -> pork, calf -> veal, etc.), and what nutritionists and dieticians do.



Registration: Yumiko, 778-372-6567 (ext. 1582) or Email: yumiko.king@issbc.org

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WelcomeBC