

## Over 1,700 students visited exhibit



One more student to add to the over 1,700 to visit Untold Stories at MOV.

The numbers tell their own tale of the success of the multimedia exhibit "Untold Stories: History of Immigrants in Vancouver" at the Museum of Vancouver (MOV).

This exhibit showcased the journeys of six aspiring Canadians through interviews, portraits and personal stories and the role ISSofBC has played in the last 40 years in supporting newcomers to Canada.

When the exhibit finished its run on January 6, 2013, MOV had recorded a turnout of over 1,500 students from ESL schools in Metro Vancouver. These included 400 from ISSofBC's ELSA and International Studies classes, as well as about 1,300 from ESL classes operated by MOSAIC, Burnaby English Centre, Surrey English Centre, Little Mountain Neighborhood House, Vancouver Community College, Educacentre College, Vancouver Formosa Academy, and Excel Education Centre.

"We were thrilled with the response to the "Untold Stories" exhibit and the numbers reflect that the exhibit was well attended by ESL instructors and their students," said Jane Loughheed, MOV's Education Program Coordinator, who provided the numbers. The number of non-student visitors is as yet undetermined.

A key feature of the exhibit project was the publication of exhibit-related teaching resources in the form of downloadable curricula for adult ESL and K-12 students in the school system. These resources, developed by ISSofBC's ELSA teaching staff Nona Mazinani, Brad McKeage, and Alla Sotnikova under the leadership of ELSA-New Westminster Manager Andrea Solnes, succeeded in drawing the interest of ESL providers.

The exhibit will be on display again at ISSofBC in Squamish as part of a Family Literacy Week event January 24.



## January 2013

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Immigrant Storytelling - A Visual Exhibit



## FAMILY Literacy WEEK

The public is invited to enjoy Immigrant Storytelling - A Visual Exhibit, at the ISSofBC Language College in Squamish on Thursday, January 24 from 6 to 8pm.

The exhibit is part of Family Literacy Week from January 20 to Family Literacy Day January 27. Various literacy-themed events will be hosted by the Squamish Literacy Committee and its partners across Squamish throughout the week.

For more information contact: Zoriana Fry  
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## Job Options offers clients a step to gainful employment



Participants and facilitator of the Job Options program are all smiles on the November 15 graduation day at ISSoBC Surrey.

Standing (left to right) - Vansessa Diotte, Samuel Cunningham, Andrew Sanches, ISSoBC's Rahila Ansari and Barret Deglow.

In front - Demi Coventry and Andrew Korsovetski.

ISSoBC Job Options training program gathers newcomer and non-immigrant jobseekers in a five-week program aimed at identifying abilities and building employable skills for the workforce.

Activities include time to reflect on participants' patterns and behaviours in order to make changes to find employment.

Recent graduates of the Surrey Job Options program gained valuable on-job experience in work placement positions such as customer service in retail or call centres, stock persons or warehouse workers. The participants found the Job Options program gave them confidence in their skills and abilities.

Job Options serves Vancouver (with sessions at ISSoBC's Terminal location and in partnership with Mount Pleasant Neighbourhood House), Surrey, Port Coquitlam, Maple Ridge, Port Moody, Pitt Meadows, Belcarra and Anmore.

The program is open to all eligible jobseekers including non-immigrants.

## Settlement Services managers take monthly meeting on the road



ISSoBC Langley staff hosted the January 8 Settlement managers meeting.

From left to right - Ana Machado, Bob Gabriel, Ana Marie Caday, Afsaneh Mohammadpour, Miyoung Suh and Ra Htoo.

## National Sweater Day in Canada



On Feb 7th, lower your heat and put on your favourite sweater to take action against climate change and work towards a sustainable future. Join Canadians across the country fighting climate change by conserving energy and reducing greenhouse gas emissions. If every Canadian lowered the heat by just 2° C this winter, it would reduce greenhouse gas emissions by 4 Megatons.

Last year, more than 1.5 million Canadians and 300 organizations took part in National Sweater Day.

Check out all that's happening [here](#).

## Skills Connect attends premier tradeshow

**BUILDEX** VANCOUVER  
FEBRUARY 13 & 14, 2013  
VANCOUVER CONVENTION CENTRE WEST

ISSoBC-Skills Connect Program will participate in Buildex Vancouver, one of the Canada's largest tradeshow welcoming over 13,000 design, construction and real estate management professionals each year. The tradeshow hosts over 600 exhibits and more than 50 educational seminars.

ISSoBC staff can sign up and get a complimentary show pass with registration before Jan. 30th. Be sure to visit the Skills Connect Booth 522.

The tradeshow takes place February 13 and 14 at the Vancouver Convention Centre.

For more information contact:  
Carolina Dias, Program - Finance Skills Connect for Immigrants  
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## International Studies turns 18 in January



A happy anniversary goes out to the

Monthly Settlement managers' meetings at ISSo7BC Drake Street will now travel to every location in the Lower Mainland starting with the January meeting in Langley.

During the ISSo7BC fall Settlement staff retreat, Settlement team members expressed through a survey, interest in more networking opportunities with staff members from other Settlement programs. In response to this, the rotating monthly Settlement managers' meeting was created in addition to a post meeting potluck lunch to give everyone the opportunity to network and meet each other face-to-face.

We hope this will not only help staff in different locations meet managers from other programs and share ideas, but it will also help managers see every office where Settlement programming is offered and learn about the unique attributes of each service.

**Bahar Taheri - Departmental Coordinator - Settlement Administration**

## Food drive assists those in need



Pasta, cereal, oil, canned vegetables and soup are some of the non-perishables collected by the ISSo7BC Tri-Cities team during the annual holiday food drive.

Tri-Cities staff and students tipped the scales at over 500 pounds during the holiday season collecting food to donate to the SHARE food bank.

14 boxes of food totaling 508 pounds were generously donated to help those struggling to feed their families over the Christmas holidays in the Tri-Cities area.

Ewa Karczewska, Coquitlam ELSA manager said it was touching to see those new to Canada give back to their community and learn about "the season of giving."

"This is always a difficult subject for instructors to teach with several of their own students relying on the services of the Food Bank. However, those with the means to help happily took up the challenge to help feed the hungry this Christmas. What better way to teach newcomers the real meaning of the holiday?" Ewa said.

ELSA instructors, staff and close to 250 students participated in this year's drive.

Ewa would like to thank everyone who helped in any and every way possible to make this year's food drive such a success.

## Ten tips to work smarter on Outlook

ISSo7BC International Studies Division. On January 16, 1995, IS started one afternoon class at the Terminal office. Since then the division has grown to over 40 classes weekly with students from around the world.

The International Studies Division offers a wide variety of English courses, diploma programs, conversation courses, and test preparation courses.

## Untold Stories now available on Youtube



The full-length interviews from "Untold Stories: History of Immigrants in Vancouver" are now available on Youtube. [Click here](#) to view. We also welcome your comments.

## Did you know?



This year's Lunar New Year is on February 10. According to the Chinese horoscope 2013 is the year of the snake.

This year is meant for steady progress and attention to detail.

Focus and discipline will be necessary for you to achieve what you set out to create.

The Snake is the sixth sign of the Chinese Zodiac, which consists of 12 Animal Signs.

It is the enigmatic, intuitive, introspective, refined and collected of the Animals Signs.

Ancient Chinese wisdom says a Snake in the house is a good omen because it means that your family will not starve.

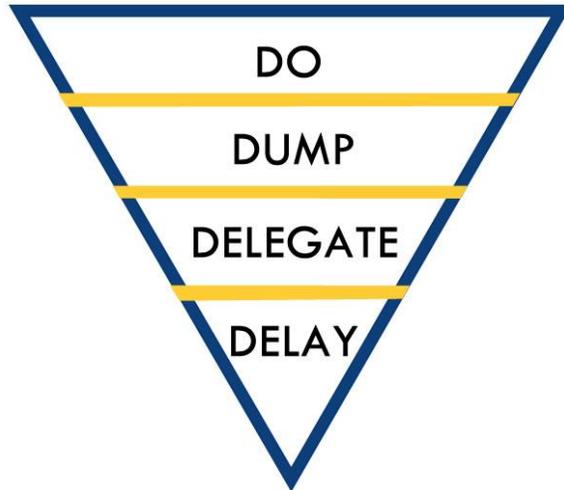
## Other News

ISSo7BC has received some tremendous media coverage in the last year including in the Globe and Mail and the Vancouver Sun.

If you read, see or hear a media related story with ISSo7BC mentioned, please send us a link and we will publish it here.

[Looking worldwide for the women Canada needs](#)  
Globe and Mail-Dec 2, 2012

[Exhibit shows how immigration shaped Vancouver](#)  
Vancouver Sun-Oct 17, 2012



1. Centralize all information for managing your work in one place and don't have multiple calendars, to-do lists, etc.
2. Don't start your day with email or you'll risk spending your most valuable time on someone else's priorities.
3. Process your Inbox using the priority 4D formula. (See above)
4. Quickly convert emails to tasks, appointments or other items using the right-click 'drag and drop' method.
5. Identify the time of day when you are at your best - consider 'protecting' this time for your most important and complex activities. Use your calendar to support this by booking an appointment with yourself.
6. Use Outlook tasks to centralize your activities. Tasks can be date activated, prioritized and ranked to keep you proactive.
7. Don't confuse importance with urgency, but consider both when setting priorities for the day.
8. Leave work with a plan for tomorrow. This will allow you to 'leave work at work' and free you up to focus on family, friends and other areas of life.
9. Use the notes area to plan and record key details of your communications - this can be synchronized with your mobile device.
10. Establish "Team Rules" or a "Priority Email Charter" with your colleagues on how to use Outlook and email. For instance, agree on the expected response time for email.

Reprinted from [www.prioritymanagement.com](http://www.prioritymanagement.com)

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